



Ensure healthy lives and promote well-being for all at all ages

Grand Total : 222 Courses

(Updated as of August 2026)

SDG 3 Good Health and Well-being - List of Courses Offered in the 2025/26 Academic Year

Undergraduate Level (Sub-total: 142 courses):

Course Code	Course Title
ART1156	Contextual Studies of Art
ART1230	Therapeutic Arts in Education and Community Practice
ART1232	Exploring Digital Visual Arts
ART1238	Gateway to Digital Visual Arts
ART2181	Drawing for Visualization and Experimentation
ART3023	Art II
ART3127	Visual Arts for Special Needs: Issues, Planning & Strategies
ART3128	New Trends in Visual Arts: Meeting Students' Diversity
ART3169	Design for Living
ART3183	Painting as Expression and Identity
ART3198	Print Media
ART4159	Aesthetic and Art Criticism
ART4168	Chinese Painting and Calligraphy
ART4184	Sculpture, Installation and Environmental Art
ART4218	Painting the Wall
CAC1002	Exploring Visual Arts
CAC1005	Theatre and Stage Art
CAC1006	Contextual Studies of Creative Arts
CAC3023	Chinese Music Traditions and Culture
CAC4016	The Chinese Narrative: Art and Music
CAC4020	Interdisciplinary Theatre Production
CDA3008	Hong Kong Art and Music Culture
CFB3017	Cross-Faculty Core Course: Component II - Visits in Greater Bay Area
CFC3006	Cross-Faculty Core Course: Component III: Practice of Tai Chi and Healthy Lifestyle Culture in GBA
CHI3945C	Chinese Etymology and Digitalisation
CLE1256	Bridge English
CLE3257	Workplace English
COU3024	Community Counselling
CUS3025	Cultures of Care

ECE3011	Child Health, Safety and Welfare
ECE3017	Promoting Children's Creativity through Art
ECE3109	Drama for Enhancing Children's Creativity
ECE3110	Art Appreciation and Assessment of Children's Artistic Development
ECE3123	Introduction to Art Therapy for Young Children
ECE3140	Visual Arts: Beyond the Classroom
ECE3186	Visual Arts in an Integrated Curriculum
ECE3261	Parenting in Infancy and Toddlerhood: Theories and Practice
ECE4198	Effective Leadership for Early Childhood Education
ECE4253	Quality Programmes for Infants and Toddlers
EDA3035	Promoting Social Justice in Schools
EDA3097	Practical Legal Knowledge for Teachers
EDA3135	Practical Legal Knowledge for Educational Practitioners & NGOs
ENG3401	Internship
FEX4142	Field Experience in International Schools
GCS2028	Gender and Development in Asia
GCS3017	Youth, New Media and Internet Regulation in Greater China
GEF1009	Faith and Reason
GEF1049	Exploring Chinese and Western Philosophical Aspects of Life through Stories
GEG2062	Sexuality: Embracing Diversity
GEI4002	Who are the Educators in the 21 st Century?
GEI4004	The Ocean Story
GEI4005	Biographical Films: Arts, Societies and Human Development
GEI4006	In Search of the Art of Living in the Digital Age
GEI4009	Embracing Olympism in Contemporary Life
GEI4011	Work: From Factory Floor to our Robot Future
GEJ4025	Building Your UePortfolio on Multilingual Self and Society
GEJ4026	Culture and Contemporary Life
GEJ4030	Building Your UePortfolio on Becoming an Environmentally Literate Person
GEJ4031	Change Maker: Transforming Yourself, Community and the World
GEJ4034	Celebrating Educational Success: Making Meaningful Reflections of My Undergraduate Experience
GEK1016	Positive Psychology
GEK1023	Meaning, Happiness and the Ethics of the Good Society
GEK1042	Morality and the Good Life: A Comparative Perspective
GEK2008	Positive Education for Well-being in Everyday Life
GEK2017	Mindfulness Approaches for Promoting Well-being and Health in Modern World
GEK2024	Understanding Emotion and Emotion Regulation in the Context
GEK2025	People, the Biosphere and Conservation Ethic
GEK2032	Caring, Appreciation, Respect, and Empathy
GEM1002	Physical Activity for Health
GEM1005	Service Based Learning for School SEN Students
GEM1052	Understanding and Coping with Post-Crisis Stress
GEM2010	Practice Engagement of Special Educational Needs

GEM2045	Community Reading and Literacy
GEM4004	Mental Health Preparation for Teaching and Related Disciplines
GEN1004	Musicking with Chineseness by Art Tech
GEN1015	Unveiling Tai Chi: The Multidimensional Realisation of the Art of Harmony
GEN1016	Tai Chi: Cultivating Mind and Body
GEN1018	Techniques, Theory, and Application of Wing Chun Kung Fu
GEN2019	Tea Culture: A Rainbow of Respect, Communication and Relationships
GGP3017	Protected Areas Planning and Management
HCS3031	Introduction to Primary Health
HCS3035	Healthcare Ethics
HCS3036	Health Service in Hong Kong
HCS3037	Human Biology
HCS3041	Mental Health Education
HCS3045	Sexual Health and Human Sexuality
HCS4054	Health Emergency Education
HCS4059	Elderly Rehabilitation and Education
HCS4061	Therapeutic Use of Music in Healthcare
HEM2013	Museum Learning in Hong Kong and the Greater Bay Area: Partnerships with Schools
HEM4010	Knowing about M+ Museum and the Palace Museum in WKCD
HIS1043	Modern Hong Kong: From Opium War to Basic Law
HIS3011	The Making of Modern Asia: Decolonization and Independence
INS3034	Creativity in Teaching
INT4059	Computer-Aided 3D Design and Printing Technologies
LIN2051	Introduction to Washoku: Culture of Japanese Cuisine
LIN3023	Practical Translation
LIN3048	Internship
LIT3052	Literature in Context II: 1914-2000
MTH3011	Mathematics II – Mathematics for Early Childhood Educators
MUS1346	Exploring Digital Music
MUS1351	Gateway to Digital Music
MUS3047	Music II
MUS3126	The Development of Musical Art
MUS4260	Creative Composing
PES1273	Physical Activity and Health Promotion
PES2163	Foundations of Dance
PES3166	Health and Fitness in School and Community
PES3178	Theory and Practice of Lifelong Physical Activities
PES3285	Sports Nutrition for High Performance
PES4290	Psychology for Sports and Exercise
PFS2043	International Schools in Global Context
PFS4034	Positive Psychology and Teachers' Well-being
PSY1030	Basic Principles of Psychology
PSY1049	Learning and Motivation
PSY2007	Social Psychology

PSY2050	Basic Psychology for Educators: Useful Concepts from Educational and Positive Psychology
PSY3005	Abnormal Psychology
PSY3018	Child and Adolescent Psychopathology
PSY3019	Stress and Coping
PSY3026	Health Psychology
PSY3082	Industrial and Organizational Psychology
PSY3085	Mental Health Promotion for Young Children and Families in Educational and Community Settings
SCC4008	Advanced Inorganic Chemistry: Coordination Chemistry
SCG3027	Creativity in STEM Invention
SED1064	Human Development: Biological Processes
SED2051	Social, Emotional, Behavioural and Developmental Difficulties
SED2052	Healthcare, Recreation and Assistive Technology for People with Special Needs
SED3052	Healthcare, Recreation and Assistive Technology for People with Special Needs
SED3056	Managing Learning Disabilities – Strategies and Techniques
SED3097	Catering for Diverse Learning Needs (I)
SED4059	Therapeutic Support and Management
SED4075	Supporting Students with Emotional & Behavioural Challenges
SES4054	Environmental and Public Health Risk Assessments
SES4055	Food Security, Safety and Management
SSC1339	The Integration of Hong Kong and China: Multidisciplinary Perspectives
SSC2327	Stakeholder and Customer Engagement
SSC3306	Discovering Sociology and Community
SSC4329	Tool Kits for Social Entrepreneurship
TLS3059	Teachers Have Their Say: Curriculum Planning for Novices
TLS3074	Educational Technology Enhanced Curriculum and Assessment
TLS3080	Assessing and Recognizing Learning in PVE

Professional Development / Postgraduate Diploma Level (Sub-total: 29 courses):

Course Code	Course Title
ART5047	Education in Art
ART5100	Teaching Visual Arts in Secondary Schools
ART5101	Teaching Contextual Studies with Community Resources
ART5102	Current Issues in Art Education
ART5227	Teaching Strategies of Art Appreciation and Criticism in Context
ART5228	Visual Arts Knowledge in Two-Dimensional Art
ART5229	Visual Arts Knowledge in Three Dimensional and Multimedia Arts
CHI5535	Art of Putonghua Presentation
ECE5271	Curriculum Leadership in Kindergartens
EDA5069	Prevailing Juvenile Delinquent Problems in Hong Kong
EDA5083	Designing and Implementing Life-Wide Learning Activities
EDA5128	School Improvement and Leadership for Principals
EDA5178	School Crisis Management

ENG5439	Language Assessment Literacy for English Teachers
INT5050	Computer-Aided 3D Design and Printing Technologies
INT5056	Coding Literacy for Teachers
LVE5016	Teachers' Well-Being (Secondary School)
LVE5017	Teachers' Well-Being (Primary School)
MTH5136	Managing Diversity in Mathematics Learning and Assessment
MTH5157	Developing ICT Resources for Secondary Mathematics
PES5098	Lifelong Physical Activities for School Teachers
PFS5034	Positive Psychology and Teachers' Well-being
PSY5051	Youth Mental Health First Aid for Teachers
SED5004	Supporting Students with Emotional & Behavioural Challenges
SED5113	Supporting Students with Mental Illness
SED5130	Supporting Students with Attention Deficit/ Hyperactivity Disorder (ADHD) -- Foundation Course
SED5132	Supporting Students with Mental Illness -- Foundation Course
SED5133	Supporting Students with Mental Illness -- Practical Course
SSC5242	Basic Law and "One Country, Two Systems"

Taught Postgraduate Level (Sub-total: 51 courses):

Course Code	Course Title
COU6007	Supporting Parents and Families with Diverse Needs
COU6015	Child and Adolescent Counselling
COU6018	Contemporary Issues in Child and Adolescent Development
COU6035	Whole Person Development and Well-being in Education
CUS6033	Visualising Culture
ECE6209	Counselling in Child and Family Education: Theories and Skills
EDA6115	An Experiential Journey of Embodied Learning: Civic Education
EDA6120	Planning for an Experiential Learning Project: Approaches and Methods
EDS6010	Advances in Neuroscientific Studies of Learning and Teaching
EDS6011	Cognitive, Language and Socioemotional Development and Education
ENG6359	Dissertation
ENG6362	Teaching English to Young Learners
ENG6452	Game-Based Learning Design for Educators
ESM6004	Psychological Aspects for E-Sports Performance
ESM6005	Physiological Aspects of E-Sports Performance
HIS6056	Globalising History
HIS6061	The History of International Schooling in East Asia
INT6113	Digital Literacy for Future Citizenship
MDA6003	Psychological Aspects of New Media and AI
MTH6131	Calculus and Mathematical Modelling
MUS6237	Composition Pedagogy
MUS6288	Socio-Psychological Perspectives in Music & The Arts
MUS6343	Technology in Music Teaching and Learning
PES6260	Master's Thesis
PFS6061	Higher Education and International Development
PFS6074	Higher Education and International Development

PPG6010	Social Policy and Aging
PPG6020	Educational Leadership in The Tertiary Sector
PSY6007	Social Psychology
PSY6056	Stress and Coping
PSY6069	Mindfulness in Education
PSY6071	Positive Psychology Interventions
PSY6088	Mental Health Support for Young People
PSY6090	Cultural Perspectives on Well-being
PSY6091	Health Psychology
PSY6093	Application of Neuroscience in Mental Health and Education
SCG6029	Scientific Inquiry and Engineering Design
SCI6553	Innovative And Technology-Enhanced Science Teaching
SED6021	Language Disorders in Children and Adolescents
SED6022	Support'n Students with Social, Emotional, Behavioural & Developmental Disabilities in the Classroom
SED6023	Advanced Studies I - Acquired Language Disorders and Dysphagia
SED6024	Advanced Studies II - Acquired Speech Disorders
SED6043	Learning in the Inclusive Classroom
TLS6088	Effective Teaching and Learning Using Mobile Technologies
TLS6089	Digital Well-being for Education and Social Enterprises
VAC6002	Research Methods in Visual Arts Education
VAC6003	Contemporary Digital Media and Practices
VAC6005	Art Criticism and Museum Experience
VAC6006	Collaborative Art-Making Practices
VAC6007	Critical Perspectives in Contemporary Arts Practices
VAC6008	Independent Studies in Visual Arts